

Carrie Leskowitz

DESIGN FROM WITHIN

AUTHOR • INTERIOR DESIGNER • LIFE COACH

Carrie Leskowitz is a certified life coach and award-winning interior designer with more than 20 years of experience transforming both spaces and lives. She engages, educates, motivates, and inspires audiences using a dose of humor and a clear passion for the subject matter. With practical tips and real-life examples, Carrie sheds light on how our homes may hold messages that can give us clues to guide us in the direction of change, if we know what to look for. Visit CarrieLeskowitzInteriors.com to learn more.

SPEAKING TOPICS

- The power of hOMe
- Creating a Mindful home for overall wellbeing
- The art of self reinvention
- Who are you? Authenticity at home.
- Holistic interior design is about more than a beautiful home
- How your home influences and reinforces your self worth
- Why the Marie Kondo method doesn't work
- Feng Shui, crystals and aromatherapy for beginners

TESTIMONIALS

"Carrie Leskowitz was a terrific virtual speaker for the CoveyClub. We learned a tremendous amount about what our interiors of our homes say about us (yikes!) and how to create a more soothing, interesting environment. She explained the psychology of 'home' and why it matters—especially now. Great guest for any event live or virtual." – Lesley Seymour, CEO of CoveyClub

"Listening to Carrie speak about the energies and synergies within our homes and ourselves was like a fresh of breath air. She is so authentic and transparent in the stories told and in the knowledge given." – Four Winds Modern Apothecary

"Carrie Leskowitz, author of Om for the Home, gave a delightfully energetic talk at Explore Booksellers in Aspen about her new book." – Jeff Bernstein, Director of Programming at Explore Booksellers



To book Carrie for a keynote, workshop, or webinar, please contact: carrie@carrieleskowitzinteriors.com (215) 718-0003

Carrie shares her expertise in *Om for the Home: A Holistic Approach to Interior Design for Your Overall Wellbeing, Body Mind and Spirit*. Filled with design philosophy, creative lifestyle tips, and introspective activities, it is a complete guide to decorating a space with your authentic self in mind so that you can achieve Zen, inside and out.

